

Faculti Summary

<https://faculti.net/protecting-the-right-to-social-participation-of-older-persons-in-long-term-care/>

This video video discusses the challenges of social isolation and loneliness faced by older adults in long-term care settings, emphasizing the need for better protection of their right to social participation under international human rights law. It defines long-term care as assistance with daily activities outside of the home and highlights the importance of social connections for mental and emotional well-being.

It points out that older women are particularly affected due to their higher representation in care facilities and longer life expectancy. This video video references Article 19 of the Convention on the Rights of Persons with Disabilities, which mandates that states support independent living and community inclusion, thus applying to older persons in aged care.

Various barriers to social participation are identified, including frailty, lack of access to technology, and insufficient staffing and training in care facilities. It notes the detrimental health effects of isolation, equating them to significant physical health conditions.

This video video advocates for individualized approaches in aged care that respect the autonomy and preferences of older individuals, suggesting practical measures such as homelike environments, community integration, better staffing, and use of assistive technologies for communication.

Lastly, it calls for comprehensive actions involving legislation, policy changes, community awareness, and interdisciplinary research to effectively combat loneliness and ensure meaningful social participation for older people in care settings. It emphasizes the need for a culture shift in the aged care sector to enhance the rights and quality of life for older adults.