

Faculti Summary

<https://faculti.net/let-our-bodies-change-the-subject/>

The speaker discusses their motivation for writing poetry, highlighting a quest for discovery and articulation of human experience. Writing poems often begins with specific images or memories, including inspiration from their children, and is closely intertwined with reading. The speaker emphasizes the importance of themes and voice when creating a cohesive poetry collection, noting that their work often reflects the complexities of parenthood and the balance between joy and anxiety in raising children in a challenging world.

The themes of life, death, love, and protection are central to the poems, particularly influenced by the speaker's experiences as a parent. The process of observing their children growing and learning encourages the speaker to see the world anew, contributing to their poetic perspective.

Through specific examples of poems from their collection, the speaker illustrates the intricate interplay of personal experiences and broader societal issues, such as mass shootings and the challenges of human existence. They express a desire for their poetry to resonate with readers, allowing them to find connection and understanding, while acknowledging that readers bring their unique interpretations to the work. Ultimately, the speaker hopes that their poetry fosters a sense of shared humanity and alleviates feelings of isolation.